

The bar chart below shows the percentage of Australian men and woman in different age groups who did regular physical activity in 2010

The chart provides information about the different age groups of men and woman who did regular physical activity in 2010.

We can see from the data that the 65 and over ages are popular with both men and woman. By contrast in 35 to 44 appeal more to men. In 15 to 24 ages the pattern is reversed there are about 10 percentage of Australian men and woman did regular physical activity whereas the member of people in 55 to 64 group age is for considerably lower. The regular physical activity is popular with both men and woman. Although there are slightly fewer men. As the age increases in 55 to 64 the number of people who are involved in physical activity in both groups reaches a peak. In general the female group are significantly more involved d in various ages than male.